

## *Renewing Christian Disciples, Strengthening Local Churches*

### **Emmaus Ministries Offerings:**

**The Walk to Emmaus** is for Christians over 18 who desire a deeper and meaningful walk with the risen Christ. The program is designed to grow and nurture Christian leaders for the local churches. Pilgrims can make new Christian friends and be inspired anew by God's love and grace. [emmaus.upperroom.org](http://emmaus.upperroom.org)



**Chrysalis** is designed to help young people (between 15 – 18) grow spiritually in ways that lead to wholeness and increased readiness to live out their Christian discipleship in today's world. [chrysalis.upperroom.org](http://chrysalis.upperroom.org)



**Face to Face** is open to Christians 60 and older who want to strengthen their spiritual lives. Face to Face allows the opportunity to rediscover Christ's presence, foster faith and spiritual maturity, gain a fresh understanding of God's transforming grace and form new friendships. [facetoface.upperroom.org](http://facetoface.upperroom.org)



## *"The transformative Power of Love*

shared on an Emmaus Walk is so beautiful in its simplicity. Pilgrims feel the calling to share the Love of Jesus with others as a response...!  
It really is LOVE THAT MAKES THE WORLD GO ROUND – yes GOD's LOVE."



Rev. Heidi Petersen,  
St Barnabas United Church  
Florida, Johannesburg

"What a joy it has been to see young people come to these life-changing events one way, and leave completely changed, no –

*Transformed!"*



Pastor Johan Potgieter,  
Roodepoort, Johannesburg

"I was again reminded of the  
*amazing love of God*

when my Mom went on a Face to Face Encounter. She couldn't wait to go to each session and I was humbled at how the Father touched her life through this ministry. If you are over 60 and haven't been, what are you waiting for?"



Pastor, Mike Boddington  
Johannesburg

## **Emmaus Ministries in South Africa**

# **An Overview**

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**PROTEA  
COMMUNITY**

**Local Emmaus  
Community**

[info@protea.emmaus.org.za](mailto:info@protea.emmaus.org.za)  
[www.protea-emmaus.org.za](http://www.protea-emmaus.org.za)



*Emmaus Ministries  
South Africa*  
Renewing Christ's Church for Mission

**Other South African  
Emmaus Communities**

[info@emsa.org.za](mailto:info@emsa.org.za)  
[www.emsa.org.za](http://www.emsa.org.za)

## Theology of Emmaus Ministries

The theology of all of the Emmaus Ministries' programs is broadly Protestant with a Wesleyan flavour. The programs are based on the Bible and emphasise the importance of faith, grace, prayer, the study of Scripture and Christian living.

### Beliefs:

- **God:** The one God exists as three persons: the Father, the Son and the Holy Spirit.
- **Jesus Christ:** The Son of God, who came to earth to save humanity.
- **Salvation:** Salvation is a gift from God that is received through faith in Jesus Christ.
- **The Bible:** The Bible is the Word of God, and the final authority for faith and life.
- **Grace:** God provides the grace that allows people to choose to believe in Jesus Christ.

Emmaus Ministries events are ecumenical and are open to Christians of all denominations. Participants should, however, be aware of, and be comfortable with, the theological basis of the programs.

All of the programs are led in partnership by lay and clergy people. The clergy are responsible for the theological integrity of the events and administration of Holy Communion.

We are happy to provide more information about anything in any of these programs –  
Contact: [info@protea.emmaus.org.za](mailto:info@protea.emmaus.org.za)

# An Overview

## Emmaus Ministries

### The Big Picture

Since 1978, Emmaus Ministries has been renewing Christian disciples and strengthening local churches. Beginning with The Walk to Emmaus, Emmaus Ministries has grown to include Chrysalis (older teens) and Face to Face (older adults) and partners with Journey to the Table (young adults) and Discovery Weekend (middle school students) to offer spiritual support for people at every life stage.  
[\[https://www.upperroom.org/donor/ministry-funds/programs/emmaus-ministries\]](https://www.upperroom.org/donor/ministry-funds/programs/emmaus-ministries)

Emmaus Ministries is active in over 40 countries from all over the world (North America, Latin America, Asia, Africa, Europe and the Pacific Region).

Upper Room Ministries developed, owns, administers and holds the copyright for the Emmaus Ministries' programs. These programs may only be run with the permission of the Upper Room. This ensures that the content of programs is the same wherever these programs are presented in the world.

The permission to run the Emmaus Ministries' programs in South Africa vests in Emmaus Ministries South Africa (EMSA). EMSA, in turn, oversees the running of these programs in the 11 active communities in South Africa. More information – [www.emsa.org.za](http://www.emsa.org.za)



For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life. [Jn 3:16]

### Programs in South Africa

The South African Emmaus Communities host three of the Emmaus Ministries' events namely: The Walk to Emmaus, Chrysalis and Face to Face.

Each of these programs is broadly modelled on the story of Jesus' journey with two disciples on the Road to Emmaus found in Luke 24: 13–35.

As the disciples walked with Jesus, He taught them from the Scriptures. In a similar way the Emmaus Ministries programs are a journey through the Love of God, faith, grace and Christian living.

The programs have either 14 or 15 talks as their backbone. Five of the talks are based on Grace and these talks are given by clergy people. The remaining talks focus on Christian Living and these talks are given by lay people.

Although these talks broadly follow the same themes in each of the programs, they have been tailored to the life-stage of the participants in each of the programs. For example, one of the Chrysalis talks focuses on relationships; while a Face to Face talk focuses on grief and loss.

On Emmaus Ministries' events, participants will: Sing, reflect, pray, worship, learn, share Holy Communion, participate in small groups, experience God's grace in community and in the world, and understand Christian love in action.