

“What a joy it has been to see young people come to these life-changing events one way, and leave completely changed, no –



Transformed!



- Pastor Johan Potgieter, Roodepoort, Johannesburg



Someone wants to sponsor you!

To attend Chrysalis, each participant must be spiritually sponsored. Your sponsor will travel the Chrysalis journey with you through prayer and love.

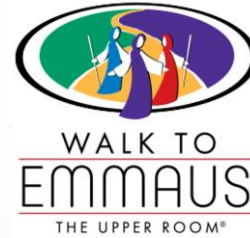
For more information about people in your area who are waiting to sponsor you please contact:

or: info@protea.Emmaus.org.za

Renewing Christian Disciples, Strengthening Local Churches

Other offerings in the Emmaus tradition:

The Walk to Emmaus is for Christians over 18 who desire a deeper and meaningful walk with the risen Christ. The program is designed to grow and nurture Christian leaders for the local churches. Pilgrims can make new Christian friends and be inspired anew by God's love and grace. emmaus.upperroom.org



Face to Face is open to Christians 60 and older who want to strengthen their spiritual lives. Face to Face allows the opportunity to rediscover Christ's presence, foster faith and spiritual maturity, gain a fresh understanding of God's transforming grace and form new friendships. facetoface.upperroom.org



Local Emmaus Community
info@protea.emmaus.org.za
www.protea-emmaus.org.za

**PROTEA
COMMUNITY**

**Other South African Emmaus
Communities**
info@emsa.org.za
www.emsa.org.za



*Emmaus Ministries
South Africa*

Join us on a
chrysalis
Journey with Christ



chrysalis
THE UPPER ROOM®

Do you seek...

- ⊙ a deeper relationship with God?
- ⊙ new understanding of God's grace and love?
- ⊙ worship and fellowship with other young Christians?

Are you

- ⊙ a member of a local church?
- ⊙ between 15 and 18 years old?
- ⊙ desiring to strengthen your spiritual life?
- ⊙ seeking answers to questions about your life and your faith?
- ⊙ wanting to dedicate your everyday life to God?

Chrysalis is for you.



"Through the Chrysalis program over many years I have witnessed

Jesus transforming

boys to men and girls to women. Some I have had the privilege of officiating at their weddings."

- Pastor Reggie Mothubakang,
Effective Living Word Centre, Johannesburg

chrysalis



seeks to inspire, challenge and equip the youth to live a Christ-centred life.

Overview

Chrysalis is designed for high school youth ages 15 to 18. At this age, young people are making major decisions about religion, lifestyle, vocation, and lifelong relationships. Chrysalis challenges them to grow not only in mind and body but also in spirit and faith.

The Chrysalis weekend events, referred to as Flights, are offered separately for girls and boys to allow youth freedom to explore their relationship with God without worrying about how they may appear to the other gender. It provides an opportunity outside their local congregations or youth groups to grow in their faith alongside their peers.

The butterfly provides the central image and metaphor of the Chrysalis experience. An ancient Christian symbol of Christ's death and resurrection, the butterfly illustrates one model of the spiritual journey: caterpillar, cocoon (chrysalis), and butterfly. To become what it is meant to be, the caterpillar essentially dies as it goes through a metamorphosis in the chrysalis until it finally becomes a butterfly and breaks out of the chrysalis.

Similarly, our Christian transformation involves dying with Christ to our old self through faith in God's accepting love, rising with Christ to a new life motivated by hope in God's promises, and going forth with Christ in love to joyfully share Christ's ministry of reconciliation and love with an alienated world. (chrysalis.upperroom.org)

On a Chrysalis Weekend, you will:

Sing, reflect, pray, worship, learn, share Holy Communion, participate in small groups, experience God's grace in community and in the world, and understand Christian love in action.

Therefore, if anyone is in Christ, the new creation has come. The old has gone, the new is here! [2 Cor 5:17]

